



Canine Sports Productions

Chris Zink DVM PhD DACVP DACVSMR CCRT CVSMT CVA

Coaching dog enthusiasts to embrace the unique needs of active dogs through teaching, mentoring and educational media

Personalized Sports Rehabilitation Consult

Many dogs have physical or medical conditions that can affect performance and/or their quality of life (e.g. iliopsoas strain, soft tissue injuries of the shoulder, surgery for CCL insufficiency, hip dysplasia, elbow dysplasia, etc.) and can lead to progressive dysfunction. During this one-hour consult, Chris will provide detailed information about our dog's problem(s) and its potential effects on your dog's health and performance.

In this consult Chris will:

- Assess your dog's muscle size and tone
- Discuss your dog's structure and gait
- Provide an integrated approach to the care of your dog in consideration of its injury or physical/medical issue(s)
- Develop a comprehensive, individualized conditioning program to bring your dog back to athletic-level fitness
- Provide a sports retraining program that details exactly how and in what order to retrain the various components of your dog's sport(s) so that you can prevent re-injury or the development of new injuries while still achieving optimal performance.
- Advise you on the evidence-based supplements that are best for your dog
- Provide you with a complete, detailed report of all of the above information

This consult can be conducted in person or by internet after Chris has viewed videos of your dogs. Internet consults are performed on a computer using a program that allows you to view Chris' computer screen to review the videos and your report together.

If you are interested in scheduling a Sports Rehabilitation Consult, please contact Chris by email at cz@caninesports.com and she will send you a request for information and instructions on what she will need you to include in your video so that she can learn about your dog and review the videos prior to the consult. The cost for this consult is \$300.00 and includes all follow up conversations about your personalized sports rehabilitation program.

