



Zink Integrative Sports Medicine

M. Christine Zink DVM, PhD, DACVSMR, CVSMT, CAC

*Integrating healing, wellness and targeted training
to help canine athletes achieve peak performance*

Structure and Gait Analysis Consults with Chris Zink – How They Work

There is no species more varied in size or shape than the dog. An understanding of your dog's structure and gait will help your dog to live a healthier, injury-free life and you to achieve your goals in performance events. In this 45 min. consult, Chris Zink will evaluate your dog's structure and gait. She will assess your dog's muscle tone, discuss its front and rear assembly and balance, and evaluate its coming and going and side gait. She will advise you of the dog's strengths and weaknesses and any sports injuries that your dog may be at risk for, and will provide you with an individualized conditioning program tailored to your performance goals that will include information on strength conditioning, endurance conditioning, body awareness exercises, appropriate warm-ups and cool-downs and how to train as safely as possible to prevent injury. You will receive a complete written report detailing your dog's comprehensive conditioning plan.

The fee for the consult is \$150. If you have any questions or wish to schedule an appointment, please email or call.

About Chris Zink:

M. Christine (Chris) Zink DVM, PhD, DACVSMR, CVSMT, CAC provides integrative veterinary medicine services for canine athletes and working dogs. She fully understands the kinds of training required to get athletes back to full performance, having obtained over 80 titles in agility, obedience, conformation, tracking, hunt tests and rally on dogs from the sporting, hound, working, terrier, and herding groups.

Dr. Zink played a major role in establishing the new specialty of veterinary sports medicine and rehabilitation and is on the Board of Directors of the American College of Veterinary Sports Medicine and Rehabilitation and a member of the Credentialing and Residency Committee, which is developing criteria for training veterinarians in this specialty. Dr. Zink teaches veterinarians, physical therapists, veterinary technicians and competitors become familiar with the medical, surgical, exercise and rehabilitation needs of canine athletes.

She is the award-winning author of four books and a DVD on the canine athlete and co-edited the first-ever textbook on canine sports medicine and rehabilitation. Her publications have received numerous national and international awards and accolades. She was voted Outstanding Woman Veterinarian of the Year in 2009.

